



# CURRICULUM

## Description

This curriculum is designed to provide healthcare professionals with a comprehensive understanding of transgender health. It covers the basics of gender identity, the role of hormones and surgery, and the importance of a patient-centered, affirming approach to care. The curriculum is intended for healthcare professionals across various disciplines, including nursing, medicine, and mental health.

## Learning Objectives

By the end of this curriculum, participants will be able to:

## Intended Audience

This curriculum is intended for healthcare professionals across various disciplines, including nursing, medicine, and mental health. It is suitable for both students and practicing professionals who are interested in providing affirming and safe care for transgender patients.

## Methods of Instruction

The curriculum is delivered through a combination of self-paced learning modules, interactive case studies, and live webinars. Participants will engage with the material through a variety of activities, including reading, video, and discussion.

## Description of Learning Activities

**Trans 101:** A foundational module covering the basics of gender identity, terminology, and the role of hormones and surgery. This module includes a video lecture, a reading assignment, and a quiz.

## Materials

The curriculum includes a variety of materials, including:

- Self-paced learning modules
- Interactive case studies
- Live webinars
- Reading assignments
- Video lectures
- Quizzes

# ITHED SCHEDULE / OCTOBER 11, 2024

# BREAKOUT SESSION DESCRIPTIONS

## Interprofessional Case Discussion

Interprofessional Case Discussion

## Political and Legal Discourse about Trans Lives: A Panel Discussion with LGBTQIA+ Community Leaders

Political and Legal Discourse about Trans Lives: A Panel Discussion with LGBTQIA+ Community Leaders

# SPEAKER BIOS

## **Willow Rosen, BA (they/them)**

Willow Rosen is a transmasculine person and a community organizer. They are currently a graduate student at the University of California, Berkeley, where they are studying for their Master's degree in Public Health. Willow is a member of the Transgender Community Center and has been involved in various community events and campaigns. They are passionate about advocating for the rights and health of transgender people and are currently working on a project related to transgender health equity.

## **Beth Gombos, BA (they/them)**

Beth Gombos is a transmasculine person and a community organizer. They are currently a graduate student at the University of California, Berkeley, where they are studying for their Master's degree in Public Health. Beth is a member of the Transgender Community Center and has been involved in various community events and campaigns. They are passionate about advocating for the rights and health of transgender people and are currently working on a project related to transgender health equity.

## **Patrick Cousins, MA (he/him)**

Patrick Cousins is a transmasculine person and a community organizer. They are currently a graduate student at the University of California, Berkeley, where they are studying for their Master's degree in Public Health. Patrick is a member of the Transgender Community Center and has been involved in various community events and campaigns. They are passionate about advocating for the rights and health of transgender people and are currently working on a project related to transgender health equity.

# SPEAKER BIOS

## **Michelle (Shelly) R. Dalton, PhD, LPC (they/them)**

Michelle (Shelly) R. Dalton, PhD, LPC (they/them) is a Licensed Professional Counselor (LPC) and a Licensed Professional Counselor Supervisor (LPCS) in the state of Texas. They have a PhD in Counseling Psychology from the University of North Texas. They are currently employed as a Licensed Professional Counselor at a community mental health center. They have a passion for working with the LGBTQ+ community and providing trauma-informed care. They are also a frequent speaker at conferences and workshops related to transgender health and mental health.

## **Susan DiDino, OTR/L, MOT (she/her)**

Susan DiDino, OTR/L, MOT (she/her) is a Licensed Occupational Therapist (OTR/L) and a Licensed Occupational Therapist Supervisor (MOT) in the state of Texas. She has a PhD in Occupational Therapy from the University of North Texas. She is currently employed as a Licensed Occupational Therapist at a community mental health center. She has a passion for working with the LGBTQ+ community and providing trauma-informed care. She is also a frequent speaker at conferences and workshops related to transgender health and mental health.

## **Whitney Linsenmeyer, PhD, RD, LD (she/her)**

Whitney Linsenmeyer, PhD, RD, LD (she/her) is a Licensed Dietitian (RD) and a Licensed Dietitian (LD) in the state of Texas. She has a PhD in Nutrition from the University of North Texas. She is currently employed as a Licensed Dietitian at a community mental health center. She has a passion for working with the LGBTQ+ community and providing trauma-informed care. She is also a frequent speaker at conferences and workshops related to transgender health and mental health.

## **Katie Sniffen, PhD, ATC (she/her)**

Katie Sniffen, PhD, ATC (she/her) is a Licensed Athletic Trainer (ATC) in the state of Texas. She has a PhD in Athletic Training from the University of North Texas. She is currently employed as a Licensed Athletic Trainer at a community mental health center. She has a passion for working with the LGBTQ+ community and providing trauma-informed care. She is also a frequent speaker at conferences and workshops related to transgender health and mental health.