



*SBIRT*  
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<p>#1: Expanding my knowledge base of AOD abuse</p>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>
<p>#2 Strengthening my therapeutic use of self</p>	<ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul> <p style="text-align: right;"><i>struggle</i></p>
<p>#3 Adding GBIF H h c l a m OH h c c `Vcl Ⓟ</p>	<ul style="list-style-type: none"> <li>•</li> </ul>




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ÍÁ ]ZbchUXXfYggYX, ]hVéi `X Véb]bi Yhc VVéa Yk cfgy  
 UbX di hhl YW]Yb]g ]ZY ]b XUb[ Yf.Í

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help clients to not put up barriers VYVli gY h YmZY` UVVgYXÍ

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ÍÁ bck I ZYY a cfY competent and comfortable when it comes to talking to clients about  
 hcd]Vg h Uha UmgYYa Uk \_k UfXÁ Í

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Í]h]g V]h]VW` hc UXXfYgg h Y hcd]WcZgi VghUbVW i gY/UVi gYk ]h U` W]Yb]gÍ

ÍÁ I fYU]nY h Y Xi hml \Uj Y UgU Z hi fY dfUV]h]cbYf hc VY gWYYb]b[ Á OHg UfY ]b gi VX U  
 [ fYUhdcg]h]cb hc VY \Uj ]b[ h]gVébj YfgU]cb k ]h ci f W]Yb]g.Í