CTTL

What Worked as Expected?

Objective: To develop and implement a learning unit on *SBIRT* and then to study the *SBIRT* following the training.

After receiving the CTTL Mini-Grant, I undertook advance *SBIRT* and MI training in June 2015. I attended the advanced training on SBIRT and Motivational Interviewing, created a learning unit in my course MOT 5560 in Fall 2015 and then conducted a pilot research project to ascertain how and/or what effect this new content about SBIRT and MI had on Master of Occupational Therapy students beliefs about alcohol and other drug (AOD) abuse, and further, their beliefs about the occupational therapy role in screening for AOD abuse. I had also planned

Conclusions: Including SBIRT training (with opportunities for role-playing) in MOT curricula could be a strategy to increase the number of trained health care professionals who could effectively initiate addressing AOD use/ abuse with patients as part of a standard intake interview.

The paper about the study was then accepted as a peer-reviewed poster and presented at the American Occupational Therapy Association National Conference in Chicago, IL, in April 2016.

Where there any things which did not occur as planned?

I had intended to also collect quantitative data in the form of the pre- and post-test scores from the on-line ADEPT unit but through an electronic glitch, the University of Missouri was unable to provide the MOT student scores separate from their overall data base.

I had also intended to do a follow-up focus group with students who had finished their Level II Fieldwork (practicum) to ascertain if they did or did not utilize SBIRT protocol with any clients. However, because I will be changing universities in June 2016 before they complete their Level II Fieldwork experiences, I will not be able to do.

How might other faculty utilize this in the future?

and role-playing scenarios added to ased their sense of self-efficacy in

the experiential learning for the students, which increased their sense of self-efficacy in emulating this in their own interactions with clients.

Expenditures

Item		Brief Description	Expected Cost
1.	Tuition to attend a one-day professional development workshop on Motivational Interviewing	Date: June 26, 2015 8:30-4:00 Title: Motivational Interviewing: Eliciting Clients' Own Arguments for Change Provider: PESI (a non-profit mental health training organization) www.PESI.com	\$130 for tuition \$160 for materials and books
2.	Hotel Room and meals to attend out-of-town course on SBIRT	Date: June 19, 2015, 8:30-4:30 Title: SBIRT Implementation Training Provider: Indiana Prevention Resource Center & Indiana University- Bloomington School of Public Health in Bloomington, Indiana Cost: the course is free, but it will require costs for a hotel stay and meals	Two Nights Hotel: \$140x 2 = \$280 3 Days of Meals: \$33x3 = \$99

	EMERGENT THEMES
#1: Expanding my knowledge base of AOD abuse	 Pervasiveness of abuse Cannot judge by exterior Many health detriments Risky level: # of drinks/ day is low Misuse of prescriptions
#2 Strengthening my therapeutic use of self	 Non-judgmental stance struggle Develop rapport through open-ended questions Provide a safe outlet More confidence = more at ease
#3 Adding SBIRT to Imm OT toolbol D	• Risk

SALIENT QUOTES:

THEME #1: Knowledge of AOD abuse

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THEME #2: Therapeutic use of self

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THEME #4: Meeting a Societal Need

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